



Congratulations! You have received a custom crafted temporary bridge today. You will wear this bridge for the next several days while we have your final bridge created.

Thanks for choosing Bellano Dental Health to help you protect your smile! Please call us if you have any questions or concerns.



**BELLANO**

DENTAL HEALTH

**GERMANTOWN** 1329 Cordova Cv • 901.509.2823  
**EAST MEMPHIS** 5336 Estate Office Dr, #1 • 901.681.0408  
**BARTLETT** 2705 Appling Rd, #101 • 901.388.9110



**BRIDGE**

## WHAT TO EXPECT

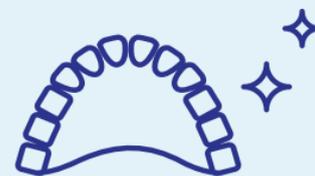
For the next few days you may experience some post-operative sensitivity. That is normal. Your teeth and mouth may be sore for a little while as they heal from the procedure. Expect some sensitivity especially to cold or hot food or liquids. In time, this usually subsides depending on your teeth and how quickly they heal.

If you require something for discomfort, we recommend either Ibuprofen (e.g. Advil) or Acetaminophen (e.g. Tylenol) taken as directed on the bottle. If pain is severe (e.g. constant pain, wakes you up at night, etc.), you may need to come back and see us. Please call and schedule an appointment in this case.

## CARE

Please be careful with your temporary bridge. We recommend avoiding really sticky and crunchy foods on your temporary bridge. If you use floss around the bridge, be careful not to pull it off. Slide the floss out to the side as opposed to pulling up or down to remove the floss. You may also clean under the temporary bridge with a floss threader, but take care not to lift the temporary off the teeth. You should brush your teeth like normal. Be careful if you have an electric toothbrush not to dislodge the bridge.

In the unlikely event that the bridge comes off or breaks, please contact us. We will see you and replace it. You may try to place it back on the teeth yourself. All you have to do is slide it right back down over the teeth. Please do not use any kind of glue or cement to replace your bridge.



## NEXT STEPS

When you return to our office, we will remove the temporary and try in the definitive restoration. During that visit it may be necessary to numb your tooth. If we approve of the fit, feel, and shade of the crown, we will place it on the tooth with a definitive cement.