



Thank you for choosing us to help you with your dental care! Today, we removed some of your teeth, and a new immediate denture was placed. Please refer to this pamphlet to help you through the adjustment period while you are healing.

Thanks for choosing Bellano Dental Health to help you protect your smile! Please call us if you have any questions or concerns.



BELLANO

DENTAL HEALTH

BARTLETT APPLING • 2705 Appling Rd, #101 • 901.388.9110
BARTLETT APPLING SOUTH • 2625 Appling Rd • 901.373.4344
EAST MEMPHIS 5336 Estate Office Dr, #1 • 901.681.0408
GERMANTOWN 2002 Exeter Rd • 901.509.2823



**IMMEDIATE DENTURE
POST-OP**

THE FIRST 48 HOURS

After removal of the teeth, it is important to take your denture out briefly to gently rinse your mouth and the denture. Otherwise, leave your denture in for the first 48 hours, including while you sleep. Please note that you should not sleep with your denture in your mouth after the second day unless otherwise instructed to do so.

The healing process can be helped, if you begin to rinse with warm saltwater on the second day after surgery. To help reduce inflammation and swelling, you may also take 800mg of Ibuprofen every 6 hours unless otherwise directed by your physician. Please understand that swelling is extremely common and normal following dental extractions.

DISCOMFORT

Remember to be patient during the healing process as you adapt to your new denture. Most patients experience some amount of frustration while getting used to wearing their denture. The best way to adapt is to wear the denture as much as possible. Adjustments will be needed as the gum tissues heal. Please call our office to schedule an appointment, and we will quickly get you in to make adjustments to the denture. At some point during the healing process, the denture will need to have a reline to help with the fit as the tissues heal and change.



DENTURE CARE

You should care for your denture as if they were your natural teeth. Dentures need to be cleaned daily with a soft brush and liquid dish soap. Dentures can then be placed in an overnight soak with denture cleaner.