



Congratulations! You are one step closer to overall health. By having your professional periodontal therapy completed today by one of our hygienists, you have a brighter, healthier smile.

Thanks for choosing Bellano Dental Health to help you protect your smile! Please call us if you have any questions or concerns.



BELLANO
DENTAL HEALTH

BARTLETT APPLING NORTH • 2705 Appling Rd, #101 • 901.388.9110

BARTLETT APPLING SOUTH • 2625 Appling Rd • 901.373.4344

EAST MEMPHIS 5336 Estate Office Dr, #1 • 901.681.0408

GERMANTOWN 1329 Cordova Cv • 901.509.2823

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PERIODONTAL THERAPY

WHAT TO EXPECT

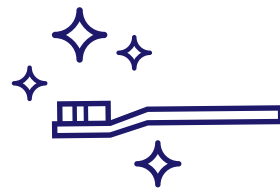
Soreness in the gums is common for 24-48 hours following your periodontal therapy. Sensitivity to cold is expected and can be controlled with recommendations from your hygienist. It is important to use the dispensed medicated rinses to aid in healing of the gum tissues.

Please be cautious while you are numb from the anesthetic. Do not eat on the treated side until the numbness has worn off. Soreness from the injection site is common. Ibuprofen (Advil) or Acetaminophen (Tylenol) can be taken as directed for soreness and discomfort.

AT HOME CARE

Light bleeding from the treated site is expected as this is the body's natural healing cycle. Light brushing is recommended for the first 24-48 hours following your periodontal therapy. Flossing can resume the following day. Electric toothbrushes are a great way to keep the area clean.

✦ **If you continue to experience discomfort or bleeding for more than 48 hours, please contact our office.**



NEXT STEPS

Your hygienist will continue to monitor your progress and make suggested adjustments to your treatment as needed. It is important that you, the patient, also work to keep your mouth healthy and properly clean. If you have any questions on what products or services can help you to achieve overall dental health, please feel free to ask any of our dental professionals.